bbq squid strips

BE SLAVERY FREE

Ingredients 16 skewers

Method

- long strips 2.5cm wide.
- down and up all the way.

• 2 good sized Squid tubes... or more for good sized serves • 1 tbsp crushed garlic • $\frac{1}{2}$ tsp crushed ginger • 1 tbsp dried oregano • ¹/₂ tsp smoked paprika • ¹⁄₄ tsp black pepper • ¹/₂ tsp chicken stock powder • 1 tbsp Sweet Chilli Sauce • 1 tsp fresh lemon or lime juice • ¹⁄₄ cup olive oil • 16 bamboo skewers

1. Soak the bamboo skewers in water for 20 minutes (this prevents them from catching on fire on the BBQ)

2. Whisk together oil, herbs and spices in a small bowl. Set aside.

3. Cut each squid tube along the folded edges so you have 2 halves.

Cut diagonal shallow cuts about 1 cm apart just into the soft side be careful not to cut right through the squid. Cut similarly

diagonally the other way to form little diamond shapes. Then cut

4. Place the strips flat into a container and pour and mix through the freshly whisked marinade. Let sit for 20–30 minutes.

5. Thread the strips onto bamboo skewers long ways – down and up,

6. Cook them quickly on a BBQ grill until they just opaque.